

Skrá FMU á Tórsbreyt leygardagin 8. august kl. 10.00

KL.	STUTTSPURTIR	LANGSPURTIR	MÍÐTEINAR	LONGD	KÚLA	SPJÓT	BÓLTKAST
1000	G 8-9 60m			G 16-17	G 14-15		
1005	D 8-9 60m			D 16-17			G 8-9
1010	G 10-11 60m			G 18-19			
1015	D 10-11 60m			D 18-19	D 14-15		
1020	G 12-13 80m						D 8-9
1025	D 12-13 80m						
1030	G 14-15 100m				G 12-13		
1035	D 14-15 100m						G 10-11
1040	G 16-17 100m			G 14-15			
1045	D 16-17 100m				D 12-13		
1050	G 18-19 100m						D 10-11
1055	D 18-19 100m			D 14-15			
1100	HMH 8-9/10-11				HMH 14-15		
1105	HMH 12-13/14-15				HMH 12-13		
1110	HMH 16-17/18-19						
1115			G 8-9 600m	HMH 16-17			HMH 8-9
1120			D 8-9 600m	HMH 18-19	G 18-19		HMH 10-11
1125			G 10-11 600m	HMH 14-15	D 18-19		
1130			D 10-11 600m		G 16-17		
1135			G 12-13 600m		D 16-17		
1140			D 12-13 600m				
1145				G 10-11		G 12-13	
1150					HMH 18-19		
1155					HMH 16-17		
KL.	STUTTSPURTIR	LANGSPURTIR	MÍÐTEINAR	LONGD	KÚLA	SPJÓT	BÓLTKAST
1200			G 14-15 800m	D 10-11		D 12-13	
1205			D 14-15 800m				
1210			G 16-17 800m				
1215			D 16-17 800m	G 8-9			
1220			G 18-19 800m			G 14-15	
1225			D 18-19 800m				
1230			HMH 8-9/10-11	D 8-9			
1235			HMH 12-13/14-15			D 14-15	
1240			HMH 16-17/18-19				
1245		G 10-11 300m					
1250		D 10-11 300m				G 16-17	
1255				HMH 10-11		D 16-17	
1300		G 12-13 300m			G 8-9		
1305		D 12-13 300m					
1310				G 12-13		G 18-19	
1315		G 14-15 300m		HMH G 8-9	D 8-9	D 18-19	
1320		D 14-15 300m					
1325							
1330		G 16-17 400m		D 12-13			
1335		D 16-17 400m		HMH D 8-9	G 10-11	HMH 12-13	
1340				HMH G 12-13		HMH 14-15	
1345		G 18-19 400m		HMH D 12-13	D 10-11	HMH 16-17	
1350		D 18-19 400m				HMH 18-19	
1355		HMH 10-11/12-13			HMH 8-9		
1400		HMH 14-15/16-17			HMH 10-11		
1405		HMH 18-19					

HMH merkir heiðursmerkjahandan

G merkir Gentir D merkir Dreingir

8-9: árg. 2000-2001

10-11: árg. 1998-1999

12-13: árg. 1996-1997

14-15: árg. 1994-1995

16-17: árg. 1992-1993

18-19: árg. 1990-1991